



24/7 ACCESS – MEMBER TERMS AND CONDITIONS

Introduction

The Gym Tumut Pty Ltd (ABN 73 633 597 127), known as THE GYM offers 24 hours a day/7days a week (24/7) access to THE GYM to existing paid up members subject to the completion of this **24/7 Access – Member Terms and Conditions and the 24/7 Access Waiver and Release Form**.

It should be noted that members of THE GYM wishing to access the 24/7 option would have simultaneously completed and signed THE GYM **Membership Application Form and Terms and Conditions** which details the Rules and Regulations of being a member of THE GYM as well as details such as Fees and Charges, Appropriate Behaviour and the different types of memberships available, and continue to be bound by such.

Additional 24-Hour Conditions

The following Conditions are specific conditions for members signing up to use the 24/7 access option. They have been put in place to ensure the safety and comfort of members at all times.

1. Members are given a bar-coded membership tag. Once approved for 24/7 access, this same tag will be used to gain access to The GYM during un-staffed times and days. Only you are entitled to use this tag for entry to the GYM. Please notify THE GYM immediately if you lose your tag.
2. You acknowledge that you are physically able to engage in any activity, program or training and agree that all exercises and use at THE GYM are undertaken at your own risk. You also agree to accept full responsibility for your personal belongings.
3. You acknowledge that exercising and using THE GYM can be dangerous and can result in injury or even death. You acknowledge that these risks are inherent and obvious. You acknowledge that exercising alone can increase the risk of injury or death. You acknowledge that you have been warned that there are risks to using THE GYM .
4. Members accessing 24/7 must be 16 years of age or older.
5. Under no circumstance may a Member bring an unauthorised guest into THE GYM during non-staffed hours.
6. THE GYM prohibits the use of private personal trainers using THE GYMS facilities to train another person for personal profit.
7. Non -Payment of 24/7 fees and charges constitutes a default in the agreement. If payment is not received within 10 days of its due date Members 24/7 hour access will be suspended. Member should note that a reactivation fee may be charged for reinstatement of 24 hour access privilege.
8. You acknowledge that during non-staffed times, access is limited to the gym, group fitness room, parts of the foyer not fenced off and to the Family/Disabled Toilet. All are not accessible and members should not attempt to access these areas.

Members should note that any violation of the above **Conditions** may result in the member having their membership terminated and under no circumstance will any money for the membership be refunded.

Member Safety

For the safety of members utilising THE GYM during non-staffed hours, the following equipment is available:

- Duress lanyards are available for any member wishing to use them during non-staffed hours. The duress lanyards are located on the wall in the foyer adjacent the gym entrance door. To use, place the lanyard around your neck and if you feel uncomfortable or if you have injured yourself, PRESS the duress button once.
- A panic button is available.
- A First Aid kit is available for members during non-staffed hours.
- Members acknowledge that any inappropriate use of either the duress lanyards or the First Aid kit will result in their membership being terminated and under no circumstance will any money for the membership be refunded.

Other General Conditions

- Appropriate footwear to be worn at all times. No boots, thongs or sandals are allowed in the workout areas.
- Appropriate and clean exercise/workout clothing to be worn at all times. The management will address unsatisfactory hygiene conditions and corrective action may be required.
- Please use a towel at all times when using gym equipment. Wipe off equipment and benches after each use.
- No belt buckles, blue jeans or loose jewellery may be worn in the workout area.
- Please be courteous to other users at all times. Swearing and derogatory remarks involving any other member or user will not be permitted.
- Keep hands and feet away from all moving parts and weight stacks.
- Do not attempt to repair or adjust any equipment that has malfunctioned. Report any equipment problem as soon as possible to the staff, either by contacting the Centre by phone or email or by leaving a message in the **Message Box** located in the foyer.
- Ensure you replace all equipment after use, re-rack all weights after each use.
- Do not lift more than you are capable of lifting.
- Collars must be used for free bar lifting
- Do no drop or slam the weights of weight stacks.

Management may suspend or cancel the membership of any member in default under this agreement or whose actions are detrimental to the enjoyment of THE GYM by other members. Any illegal activity will be reported to the authorities. Failure to abide by THE GYMS rules and regulations will constitute default.

SIGNED: _____

PRINTED NAME: _____ DATED:- ____ / ____ / ____

MEMBERSHIP No: _____ CONTACT PHONE No: _____